

BASIC LIFE SUPPORT AWARENESS



Overview

Basic Life Support (BLS) is the care provided to a person in an emergency, before the emergency services arrive. This course will ensure that delegates are able to undertake a primary assessment of the victim and their environment to deal with the situation in the most suitable way. Delegates will learn about different emergencies and how to deal with each, to give the victim the best chances of survival during those crucial first few minutes.

Outline of Programme

- Correct emergency procedure.
- Initial safety assessment of the environment.
- Primary assessment of the victim (ABCDE).
- Responsibilities of those performing emergency life support.
- Different treatment of adults and children.
- Internal and external bleeding.
- Awareness of the different types of emergency, including Shock, choking, fractures, etc.
- Dealing with unconscious victims.
- Cardiopulmonary Resuscitation (CPR).
- Automated External defibrillator (AED).
- Recovery position.

Assessment

The Basic Life Support Awareness course lasts 3 hours and delegates will be expected to engage in several group activities. A certificate will be awarded to successful attendees.

Cost

Our training courses are competitively priced, and we aim to beat any equivalent training quote.

Important Information

- The training venue should be quiet and undisturbed.
- Staff should not be expected to be on duty.
- Staff attending should remain for the entire length of the session.
- Flexible dates available.
- Call to book a day that suits you.