

# Highfield Level 1 Award in the Principles of Health and Safety within the Workplace



## Overview

This course provides delegates with an understanding of current health and safety legislation and how this impacts the responsibilities of the employer and employees. Delegates will also be taught how to undertake risk assessments, implement preventative measures and report any accidents, should they occur. Training is designed for those working at a supervisory or managerial level, or anyone who holds responsibility for the health and safety within a workplace.

## Outline of Programme

- Knowledge of relevant law & legislation; Health & Safety at Work Act 1974.
- Employer and employee health and safety roles and responsibilities.
- Health and safety requirements.
- Risk assessment procedures.
- COSHH.
- Accident & Injury reporting.
- Identifying common hazards.
- PPE.
- Understanding of fire safety and manual handling.

**Assessment**

This health & safety training takes place over the duration of 4 hours. Delegates will be expected to engage in several group activities. Our experienced trainers will be on hand to help guide through these sessions. A certificate will be awarded on successful completion of the course.

**Cost**

Our courses are competitively priced, and we aim to beat any equivalent training quote.

**Important Information**

- The training venue should be quiet and undisturbed.
- Staff should not be expected to be on duty.
- Staff attending should remain for the entire length of the session.
- Flexible dates available.
- Please call to book a day that suits you.