

# TEENAGE SUBSTANCE MISUSE



## Overview

This course is designed for those with no prior experience of teenage substance misuse, or for those wishing to renew their knowledge of the subject. During the training, delegates will gain a deeper understanding of substance abuse amongst teenagers, the effects which it can have both mentally and physically, and the reasons behind the use.

## Outline of Programme

- Introduction to teenage substance misuse.
- Reasons why teenagers may misuse drugs and alcohol.
- Legal and illegal highs.
- Possession and supply laws.
- Risks associated with substance misuse.
- Spot the signs that someone is misusing drugs and alcohol.
- Common misconceptions.
- Treatment methods.
- Effects on the body and mind.

## Assessment

The teenage substance misuse training course takes around 4 hours and delegates may be expected to engage in several group activities. Our experienced trainers will be on hand to help guide participants through these sessions and a certificate will be awarded upon completion.

## Cost

Our courses are competitively priced, and we aim to beat any equivalent training quote.

**Important Information**

- The training venue should be quiet and undisturbed.
- Staff should not be expected to be on duty.
- Staff attending should remain for the entire length of the session.
- Flexible dates available.
- Call to book a day that suits you.