

EMERGENCY FIRST AID AT WORK COURSE



Overview

This course provides delegates with a general understanding of first aid and how to manage incidents safely. Training will ensure that delegates are able to act confidently in an emergency, identifying the cause, alerting the emergency services and providing appropriate care until these services arrive. This course is designed for delegates looking to become an 'appointed person' but should ideally be taken by all staff in order to raise the general awareness of what to safely do in an emergency.

Outline of Programme

- Introduction and explanation.
- Understand the principles of first aid.
- How to alert advanced medical help.
- Managing an incident safely.
- Basic life support/recovery position.
- Provide appropriate first aid for minor injuries, choking, bleeding and Shock.

Assessment

The course lasts one full day, taking place over a 6 hour period. There will be a continuous assessment throughout by the trainer. Upon successful completion, first aiders receive certification to allow them to practice for one year after which a re-qualification course becomes necessary. It is strongly recommended that you update your skills by taking an annual refresher.

Cost

Our courses are competitively priced, and we aim to beat any equivalent training quote.

Important Information

- The training venue should be quiet and undisturbed.
- Staff should not be expected to be on duty.
- Staff attending should remain for the entire length of the session.
- Flexible dates available.
- Please call to book a day that suits you.